
Writing the heroine's journey

WITH DEBORAH CROSSLAND

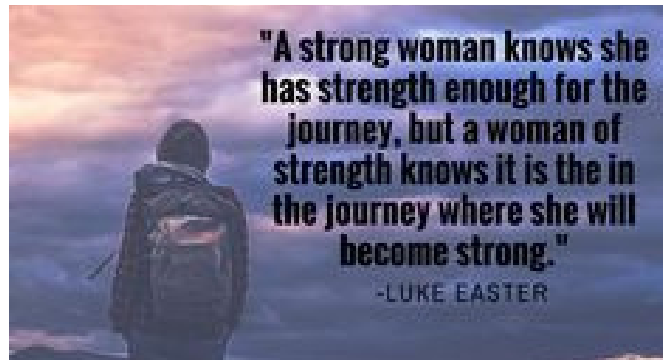
class syllabus:

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Course Dates: self-paced, but approximately 3 weeks



course description

Just about everyone has heard of the hero's journey, the immensely popular narrative structure based on Joseph Campbell's *Hero with a Thousand Faces* whether they realize it or not. For decades, Hollywood has relied on its three act structure to tell some of the most popular stories. Maureen Murdock, the author of *The Heroine's Journey* found it to be lacking for women she encountered in her therapy practice. It left them feeling tired, overwhelmed, and basically burnt out. This course will delve into what she found and subsequently created. Moreover, I will share with you the three act structure I've created based on her seminal work. Together, we will look at how a new narrative structure can place women at the center of their own stories and still resonate with a multi-gendered audience.

trust fall

Like my good friend, Heather Demetrios says in her classes, any writing shared in our little community is for our eyes only. Please do not share other people's writing outside of the workshop. Also, keep our conversations and discussions private as well. Lastly, all materials provided in this course are for your use only and are copyright. Please do not share them with others or upload them to any platforms.

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tech needs

- access to the internet for downloads
- lectures and materials will be available to you in our portal
- access to the Hunger Games films and/or books are encouraged but not required

course overview

This is a general syllabus that provides the basic structure of the course. I will add additional resources and activities if they will benefit us on our journey. This version of the class will be solo work, which means you can work at your own pace!

You can always ask questions, however.

Week One

- Lecture: general introduction to the Heroine's Journey , act one, and Katniss' journey in the first film, *The Hunger Games*
- Workshop questions and journal prompt
- Solo: act one worksheet
- Optional: craft a scene using one of the heroine's journey steps.

Week Two

- Lecture: act two and Katniss' journey in the second film, *Catching Fire*
- Workshop questions and journal prompt
- Solo: act two worksheet
- Optional: craft/revise a scene using one of the heroine's journey steps

Week Three

- Lecture: act three and Katniss' last steps in her journey in the last two films based on *Mockingjay*
- Workshop questions and journal prompt
- Solo: act three worksheet
- Optional: revise and polish a scene using one of the heroine's journey steps

If you chose the written assessment, you'll receive a critique of your scene with track changes and additional resources to help you along your journey. Please see my critique packages if this is something you might be interested in! (Critiques are discounted for students.)